

HORIZONS
COMMUNITY SOLUTIONS

2018
ANNUAL
REPORT

OUR MISSION IS TO STRENGTHEN COMMUNITIES AND EMPOWER PEOPLE TO LEAD HEALTHY AND PRODUCTIVE LIVES. THROUGH PROMOTING CANCER SCREENING, EDUCATING THE COMMUNITY AND PARTNERING WITH OTHER MEDICAL FACILITIES WE ARE IMPROVING THE LIVES OF INDIVIDUALS ACROSS SOUTH GEORGIA.

Community Transformation Projects

Horizons provides training and technical support to a community-wide health coalition, Early Cares - A Partnership for Better Living. Early Cares consists of more than 30 partner organizations representing all sectors of Early County. The partners began implementation of its community health improvement plan, focusing on four priorities designed to improve health equity: 1) Positive Youth Development 2) Building Capacity to Improve Access to Safe, Affordable Housing 3) Improving Healthcare Access and Utilization of Preventive Services, and 4) Developing Accountable Leaders equipped to Improve Health Equity.

Healthy Homes/Healthy Families

Healthy Homes/Healthy Families is a coach-led program designed by the Emory Prevention Research Center to prevent weight gain. Horizons recruited eight (8) families who successfully participated in the program this year.



Prevent T2 Diabetes

Three Horizons staff members have been trained and certified to serve as Lifestyle Coaches to deliver the CDC's National Diabetes Prevention Program. Horizons partnered with local healthcare providers to create a patient referral system, resulting in 16 patients who were diagnosed with pre-diabetes enrolling in the program. Over a 12-month period, participants engage in 26 classroom sessions designed to help them make lifestyle changes to reduce their risk for developing diabetes.

Education & Outreach

Horizons reached 2,617 South Georgians through 32 education and outreach events in 8 counties. Educational messages focused on chronic disease prevention, cancer screening and early detection, and healthcare access.

Research

1

In partnership with Emory University, under the direction of Principal Investigator Theresa Gillespie, recruited and interviewed more than 60 participants for “Advancing Screening and Preventive Behaviors Among People Living with HIV & AIDS,” a study to identify factors that serve as barriers or facilitators of cancer screening among patients of Albany Area Primary Healthcare’s Ryan White Rural Health Center.

2

Horizons collaborated with Dora Il’yasova, PhD., Georgia State University, to design and test a system to identify and recruit inflammatory breast cancer patients into a study that explores potential contributors to this relatively rare but lethal form of breast cancer. Partners in the project are Phoebe Cancer Center, the Anita Stewart Oncology Center, and the Pearlman Cancer Center.

3

Under the direction of Robert Bednarczyk, PhD, Emory University Rollins School of Public Health, Horizons assisted with a statewide study to explore attitudes and practices regarding vaccinating youths against the human papilloma virus. Horizons convened focus groups comprised of parents, faith leaders, and public health officials in Albany and Blakely.

Financial Overview

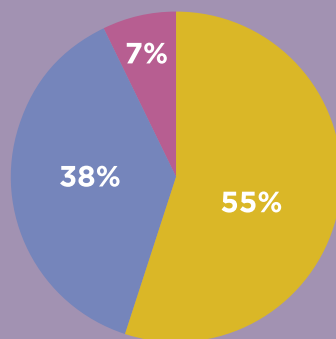
REVENUE

Grants \$454,959

Corporate \$315,900

Individuals \$61,195

TOTAL: \$832,054



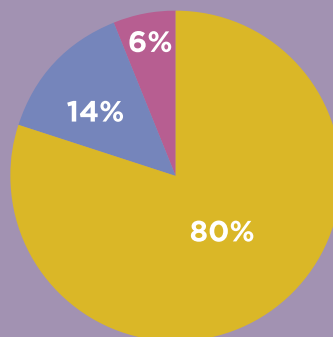
EXPENSES

● Programs \$796,812

● Management & General \$141,994

● Fundraising \$62,013

TOTAL: \$1,000,819



447

women
screened for
breast cancer

319

individuals
screened for
colon cancer

162

patients
received
gas cards

CANCER SCREENINGS

The Horizons screening program facilitated 766 cancer screenings, with 3,881 one-on-one educational contacts.

BREAST CANCER

- 447 women screened for breast cancer
- 3 women diagnosed with breast cancer
- 100% were uninsured
- 2,135 educational contacts to facilitate breast cancer screenings and follow-up

COLORECTAL CANCER

- 319 uninsured and underinsured individuals screened for colorectal cancer
- 129 individuals had high-risk adenomatous polyps detected and removed
- 1 person diagnosed with colorectal cancer
- 64% were uninsured or underinsured
- 1,746 educational contacts to facilitate colorectal cancer screening and follow-up

PATIENT ASSISTANCE

Provided 162 patients with gas cards.



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www.horizonscommunity.org

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